



October 2018 Elementary Lunch Menu



<p>1</p> <p>Salisbury Steak Mashed Potatoes w/Gravy Carrot Soufflé Assorted Fruit Chilled Pineapple (Pre-K & Sat) Southern Butter Roll Milk</p> <p>Breaded Chicken (Spicy) Patty on Bun Lettuce/Tomato/Pickle Tots/Shoestring/Crinkle or Smiles Assorted Fruit Chilled Pineapple (Pre-K) Milk</p>	<p>2</p> <p>Crispy or Soft Beef Taco Shredded Cheese Cup Shredded Lettuce & Chopped Tomato Golden Corn Fresh Fruit Assorted Fruit Chilled Mandarin Oranges (Pre-K) Cinnamon Roll</p> <p>Grilled Cheese Sandwich Corn Tots/Shoestring/Crinkle or Smiles Fresh fruit Assorted Fruit Chilled Mandarin Oranges(Pre-K) Cinnamon Roll</p>	<p>3</p> <p>Meatsauce Spaghetti Cauliflower w/Cheese Assorted Fruit Chilled Applesauce (Pre-K & Sat) Garlic Roll Milk</p> <p>Hamburger on Bun w/wo Cheese Lettuce /Tomatoes/Pickle Cauliflower & Cheese Tots/Shoestring/Crinkle or Smiles Assorted Fruit Applesauce (Pre-K) Milk</p>	<p>4</p> <p>Red or White Beans (Chicken Smackers for Pre-K only) Rice Chicken Smackers/Sausage Links Popeye Salad Fresh Fruit Assorted Fruit Chilled Strawberries (Pre-K & Sat)</p> <p>Chicken Nuggets Baked Beans Popeye Salad Tots/Shoestring/Crinkle or Smiles Assorted Fruit Fresh Fruit Assorted Fruit Chilled Strawberries (Pre-K)</p>	<p>5</p> <p>Chicken and Sausage Gumbo Rice Potato Salad or Fried Okra Seasoned Green Peas Assorted Fruit Chilled Pears (Pre-K & Sat) Southern Butter Roll Cookie</p> <p>Cheese & Pepperoni Pizza (Hand Tossed) Green Peas Tots/Shoestring/Crinkle or Smiles Assorted Fruit Chilled Pears(Pre-K) Cookie Milk</p>
<p>8</p> <p>Chicken & Sausage Jambalaya Seasoned or Italian Green Beans Glazed Carrots Assorted Fruit Chilled Strawberries (Pre-K & Sat) Southern Butter Roll Milk</p> <p>Calzones(Cheese) Glazed Carrots Tots/Shoestring/Crinkle or Smiles Assorted Fruit Chilled Strawberries (Pre-K) Milk</p>	<p>9</p> <p>Crispy or Soft Beef Taco Shredded Cheese Cup Shredded Lettuce & Chopped Tomato Golden Corn Fresh Fruit Assorted Fruit Chilled Peaches (Pre-K) Cinnamon Roll Milk</p> <p>Hamburger on Bun w/wo Cheese Lettuce/Tomato/Pickle Tots/Shoestring/Crinkle or Smiles Fresh fruit Assorted Fruit Chilled Peaches(Pre-K) Cinnamon Roll</p>	<p>10</p> <p>Lasagna Creamed Spinach Assorted Fruit Chilled Mandarin Oranges(Pre-K & Sat) Garlic Roll Milk</p> <p>Cheese & Pepperoni Pizza (Hand Tossed) Creamed Spinach Tots/Shoestring/Crinkle or Smiles Assorted Fruit Chilled Mandarin Oranges(Pre-K) Milk</p>	<p>11</p> <p>Red or White Beans (Chicken Smackers for Pre-K only) Rice Chicken Smackers/Sausage Links Cauliflower w/Cheese Fresh Fruit Assorted Fruit Chilled Pears (Pre-K & Sat) Cornbread</p> <p>Breaded Chicken (Spicy) Patty on Bun Lettuce/Tomato /Pickle Baked Beans Tots/Shoestring/Crinkle or Smiles Fresh fruit Assorted Fruit Chilled Pears(Pre-K)</p>	<p>12</p> <p>Shepherds Pie Italian Salad Assorted Fruit Chilled Tropical Fruit (Pre-K & Sat) Southern Butter Roll Rice Krispie Milk</p> <p>Chicken Nuggets Italian Salad Tots/Shoestring/Crinkle or Smiles Assorted Fruit Chilled Tropical Fruit (Pre-K) Southern Butter Roll Rice Krispie Treat</p>
<p>15</p> <p>Beef Stew Rice Carrot Soufflé Seasoned or Italian Green Beans Assorted Fruit Chilled Pineapple(Pre-K & Sat) Southern Butter Roll Milk</p> <p>Breaded Chicken (Spicy) Patty on Bun Lettuce/Tomato/Pickle Tots/Shoestring/Crinkle or Smiles Assorted Fruit Chilled Pineapple (Pre-K) Milk</p>	<p>16</p> <p>Crispy or Soft Beef Taco Shredded Cheese Cup Shredded Lettuce & Chopped Tomato Golden Corn Fresh Fruit Assorted Fruit Chilled Mandarin Oranges (Pre-K) Cinnamon Roll Milk</p> <p>Grilled Cheese Sandwich Tots/Shoestring/Crinkle or Smiles Corn Fresh Fruit Assorted Fruit Chilled Mandarin Oranges (Pre-K)</p>	<p>17</p> <p>Meatsauce Spaghetti Broccoli w/Cheese Assorted Fruit Chilled Pears (Pre-K & Sat) Garlic Roll Milk</p> <p>NUTRITION DAY-Summer Squash</p> <p>Chicken Nuggets Broccoli w/Cheese Tots/Shoestring/Crinkle or Smiles Assorted Fruit Chilled Pears (Pre-K) Garlic Roll</p>	<p>18</p> <p>Red or White Beans (Chicken Smackers for Pre-K only) Rice Chicken Smackers/Sausage Links Caesar Salad Fresh Fruit Assorted Fruit Chilled Applesauce (Pre-K & Sat) French Bread</p> <p>Hamburger on Bun w/wo Cheese Lettuce/Tomato/Pickle Baked Beans Tots/Shoestring/Crinkle or Smiles Fresh Fruit Assorted Fruit</p>	<p>19</p> <p>Chicken and Sausage Gumbo Rice Potato Salad or Fried Okra Seasoned Green Peas Assorted Fruit Chilled Peaches (Pre-K & Sat) Southern Butter Roll Brownie Milk</p> <p>Cheese & Pepperoni Pizza w/Rolled Edge Seasoned Peas Tots/Shoestring/Crinkle or Smiles Assorted Fruit Chilled Peaches (Pre-K) Brownie</p>
<p>22</p> <p>Cochon Holiday- No School</p>	<p>23</p> <p>Crispy or Soft Beef Taco Shredded Cheese Cup Shredded Lettuce & Chopped Tomato Golden Corn Fresh Fruit Assorted Fruit Chilled Pears (Pre-K) Cinnamon Roll</p> <p>Chicken Nuggets Tots/Shoestring/Crinkle or Smiles Corn Fresh Fruit Assorted Fruit Chilled Pears (Pre-K)</p>	<p>24</p> <p>Meatballs and Red Gravy Spaghetti Broccoli w/Cheese Assorted Fruit Chilled Peaches (Pre-K & Sat) Garlic Roll Milk</p> <p>Breaded Chicken (Spicy) Patty on Bun Lettuce/Tomato/Pickle Tots/Shoestring/Crinkle or Smiles Broccoli w/Cheese Assorted Fruit Chilled Peaches (Pre-K)</p>	<p>25</p> <p>Red or White Beans (Chicken Smackers for Pre-K only) Rice Chicken Smackers/Sausage Links Caesar Salad Fresh Fruit Assorted Fruit Mandarin Oranges(Pre-K & Sat)</p> <p>Cheese & Pepperoni Pizza w/Rolled Edge Baked Beans Tots/Shoestring/Crinkle or Smiles Fresh Fruit Assorted Fruit Mandarin Oranges (Pre-K) Applesauce (Pre-K Only), Milk</p>	<p>26</p> <p>No Breakfast or Lunch Service</p>
<p>28</p> <p>Salisbury Steak Mashed Potatoes w/Gravy Carrot Soufflé Assorted Fruit Chilled Pineapple (Pre-K & Sat) Southern Butter Roll Milk</p> <p>Breaded Chicken (Spicy) Patty on Bun Lettuce/Tomato/Pickle Tots/Shoestring/Crinkle or Smiles Assorted Fruit Chilled Pineapple (Pre-K) Milk</p>	<p>30</p> <p>Crispy or Soft Beef Taco Shredded Cheese Cup Shredded Lettuce & Chopped Tomato Golden Corn Fresh Fruit Assorted Fruit Chilled Mandarin Oranges (Pre-K) Cinnamon Roll</p> <p>Grilled Cheese Sandwich Corn Tots/Shoestring/Crinkle or Smiles Fresh fruit Assorted Fruit Chilled Mandarin Oranges(Pre-K)</p>	<p>31</p> <p>Meatsauce Spaghetti Cauliflower w/Cheese Assorted Fruit Chilled Applesauce (Pre-K & Sat) Garlic Roll Milk</p> <p>Hamburger on Bun w/wo Cheese Lettuce /Tomatoes/Pickle Cauliflower & Cheese Tots/Shoestring/Crinkle or Smiles Assorted Fruit Applesauce (Pre-K) HAPPY HALLOWEEN</p>	<p>NATIONAL SCHOOL LUNCH WEEK OCTOBER 15-19, 2018</p>  	